

## The effects of medicinal plants *Viscum album*, *Juniperus communis* and *Xanthium strumarium* on fibroblastic L929 and BHK21 immune cells

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### Background

Although reports indicate that *Viscum album* and *Juniperus communis* extracts affect immune system function, their impact on fibroblastic cells proliferation remains unclear. The aim of this study was to determine the antioxidant capacity of *Viscum album*, *Juniperus communis* and *Xanthium strumarium* leaf aqueous and ethanol extracts and their effects on L929 and BHK21 cells.

### Methods

Antioxidant capacity of the extracts was measured using DPPH method. L929 and BHK21 cells were treated with 0.001 mg/ml, 0.01 mg/ml, 0.1 mg/ml, 1 mg/ml and 10 mg/ml of the extracts for 24 h in a complete growth medium. Cell viability was evaluated by MTT assay and the data were analyzed using one-way ANOVA.

### Results

Lower concentrations (0.001, 0.01 and 0.1) mg/ml of *Viscum album* and *Juniperus communis* leaf extracts exhibited higher antioxidant capacity and had no significant cytotoxic effects on L929 and BHK21 cells, however, higher concentrations (1 and 10) mg/ml had lower antioxidant activity and exhibited cytotoxic effects on the cells. Lower and higher concentrations of *Xanthium strumarium* leaf extracts significantly increased L929 and BHK21 cells viability.

### Conclusion

Despite higher concentrations, lower concentrations of ethanol and aqueous *Viscum album* and *Juniperus communis* have positive effects on fibroblastic L929 and BHK21 cells viability; however, ethanol and aqueous leaf extracts of *Xanthium strumarium* have no cytotoxic effects on L929 and BHK21 cells, which therefore, can improve immune system function safer than *Viscum album* and *Juniperus communis*.